# **BUILDING BACK BETTER:**

## **DEVELOPING AGE-FRIENDLY CITIES POST COVID-19**

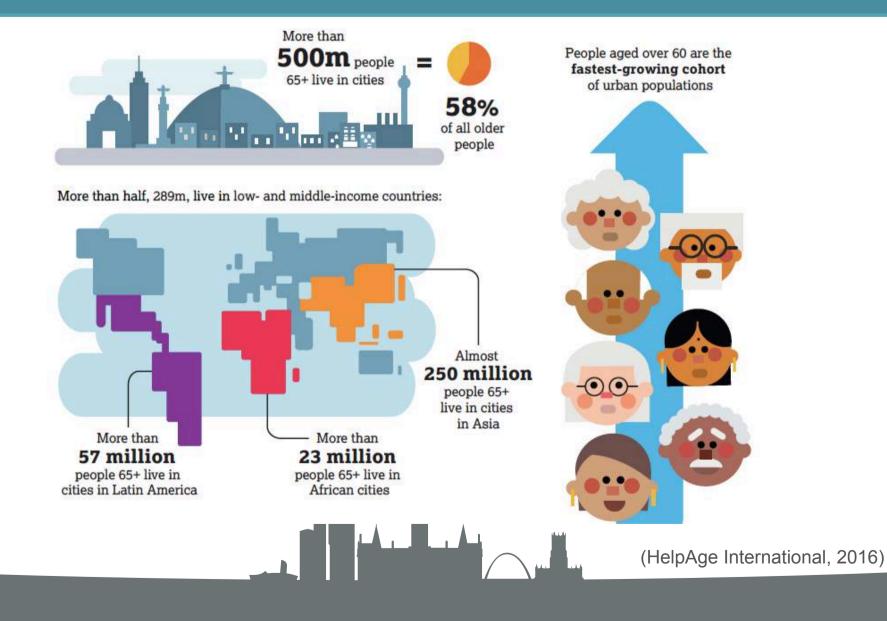
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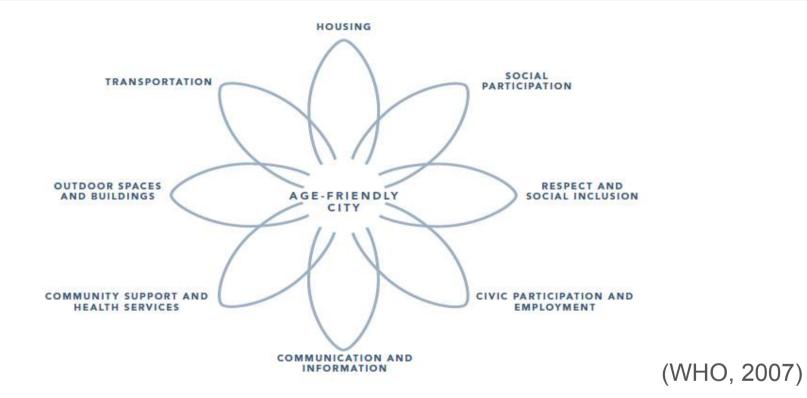


- 1. Population ageing and urbanisation
- 2. Developing age-friendly cities and communities (AFCC)
- 3. COVID-19: Challenges for the AFCC movement
- 4. COVID-19 and AFCC: How can we build back better?
- 5. COVID-19 and AFCC: Developing a research agenda (Manchester Urban Ageing Research Group)

# **1. POPULATION AGEING AND URBANISATION**



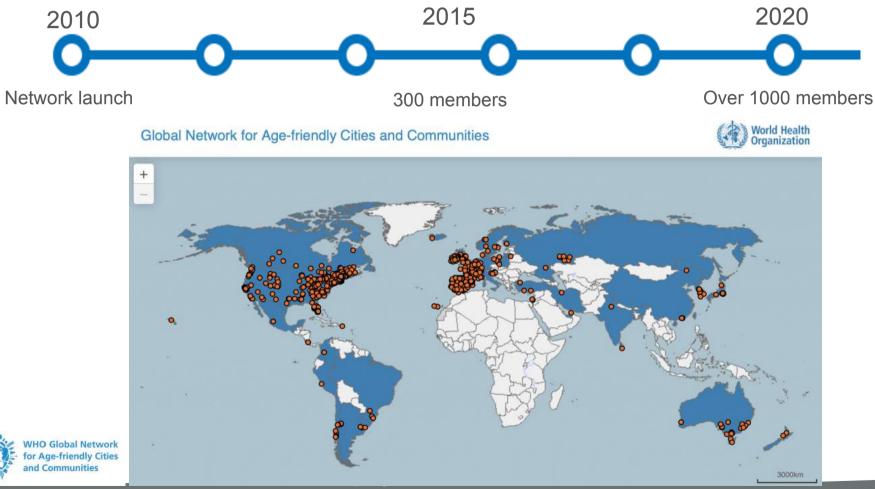
### 2. DEVELOPING AGE-FRIENDLY CITIES AND COMMUNITIES





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#### **GLOBAL NETWORK OF AGE-FRIENDLY CITIES AND COMMUNITIES**





(WHO, 2018)

## 2. DEVELOPING AGE-FRIENDLY CITIES AND COMMUNITIES

#### GLOBAL NETWORK OF AGE-FRIENDLY CITIES AND COMMUNITIES



# 3. CHALLENGES FOR AGE-FRIENDLY MOVEMENT IN THE CONTEXT OF COVID-19

#### Where you live matters greatly for the quality of life in old age

- Health inequalities between poor and rich neighbourhoods are increasing
  (Marmott Review, 2020)
- Causal relationship between **neighbourhood deprivation** and **social exclusion in later life** (Prattley, Buffel et al., 2020)
- Nearly three quarters of a million people over 75 and over live in 'non decent homes'— a higher proportion than any other age group (Centre for Ageing Better, 2020)

#### It matters also for whether you are protected from Covid-19

- People (of all ages) living in **more deprived areas** in England have experienced COVID **mortality rates more than double** those living in less deprived areas (ONS, 2020)
- COVID-19 related death rate in England and Wales rises by 25% in a local authority with twice the average number of ethnic minority people (Nazroo and Becares, 2020)



3. CHALLENGES FOR AGE-FRIENDLY DEVELOPMENTS IN THE CONTEXT OF COVID-19

# "AGEING IN PLACE"? or "PRISONERS OF SPACE"?

Age-friendly initiatives most urgently needed in areas with the least infrastructure in place to develop such initiatives



#### 4. COVID-19 AND AFCC: HOW CAN WE BUILD BACK BETTER?

- 1. Focus on and tackle housing and neighbourhood deprivation
- Develop place-based recovery strategies partnerships beyond silos
  Prioritise working *with* older people: Co-production
- 3. Tackle health inequalities & underlying social and economic inequalities
- 4. Change narratives of ageing Promote intergenerational connections
- 5. Promote *digital* inclusion <u>and</u> new ways to maintain/provide *offline* **social connections** and support
- 6. Develop tailored job-seekers support financial security
- 7. Link high quality data for better science and policy



4. COVID-19 AND AFCC: HOW CAN WE BUILD BACK BETTER?

# **ENSURING SOCIAL and SPATIAL JUSTICE**

# **MUST BE AT THE CORE OF**

# **POST COVID-19 RECOVERY PLANNING**



### **5. COVID-19 RELATED RESEARCH MUARG**



#### **IN COLLABORATION WITH:**



## **5. COVID-19 RELATED RESEARCH MUARG: AIMS**

- 1. To work with community organisations and activists in selected areas, examining responses to Covid-19 and strategies for contacting and supporting older people.
- To examine, longitudinally, the impact of "social distancing" measures on experiences of everyday life among diverse groups of older people from marginalised communities.
- 3. To generate to **evidence to assist local, regional, and national policies** which aim to increase support for older people and organisations working on their behalf.

https://www.micra.manchester.ac.uk/research/projects-and-groups/muarg/



## **KEY REFERENCES**

- BLOG: Prisoners of space: How the COVID-19 lockdown is deepening inequalities in ageing
- BLOG: Examining the impact of social distancing on older adults
- Buffel, T. Handler, S. and Phillipson, C. (2018). Age-friendly cities and communities: A Global Perspective. Bristol: Policy Press.
- Cotterell, N., Buffel, T. and Phillipson, C. (2018) **Preventing social isolation in older people**. *Maturitas*, <u>10.1016/j.maturitas.2018.04.014</u>.
- Prattley, J., Buffel, T., Marshall, A. and Nazroo, J. (2020) Area effects on the level and development of social exclusion in later life. Social Science & Medicine. Vol 246: 112722.
- Yarker, S. (2019) **Social infrastructure: How shared spaces make communities work.** Manchester: MICRA.







Thank you for your attention