

FLASH-UK study: Recruitment now open

Help contribute to clinical evidence for FreeStyle Libre 2 with alarms

Adults aged 16 years or older with type 1 diabetes and HbA1c between 7.5%-11% (59-97mmol/mol) are invited to participate at one of the FLASH-UK sites:

- Cambridge University Hospitals NHS Foundation Trust
- East Suffolk and North Essex NHS Foundation Trust
- Manchester University NHS Foundation Trust
- Norfolk & Norwich University Hospitals NHS Foundation Trust
- Portsmouth Hospitals NHS Trust
- Primary Health Care Practices (Wareham/ Poole) NHS England
- University Hospitals Birmingham NHS Foundation Trust
- University Hospitals of Derby & Burton NHS Foundation Trust

If you would like to be sent an information sheet, please email your name, address and nearest centre to:

Flash-UK@mft.nhs.uk

Alternatively, call 0161 276 6706 or 07792063157 (between 9am-4pm) and ask to speak to a member of the FLASH-UK Study Team.

Please indicate whether you would prefer to receive information electronically or by post.



Taking part in the study

If eligible, you will be randomly allocated to either use FreeStyle Libre 2 or for comparison, finger-stick glucose monitoring for 6 months (6-7 visits). Reasonable travel costs only will be reimbursed. You may not be suitable for inclusion in the study if you currently use FreeStyle Libre or are continuously glucose monitoring (or have used for more than 4 weeks in the past 12 weeks), have complete loss of awareness of hypoglycaemia or more than one severe hypo in the past 24 weeks (hypos needing third party assistance).

