

**Campus Re-opening and Corporate Support  
Self-Declaration**

**Covid-19 Risk Assessment**

The UK Government has permitted work in scientific research laboratories during Covid Alert Level 4. We want to ensure that it is safe for you and for others who may work with you, to do so. The following set of questions are part of a wider risk assessment that will allow us to make decisions on who can work safely in current circumstances.

**IT IS VERY IMPORTANT THAT YOU REFER TO THE GUIDANCE THAT ACCOMPANIES THIS DOCUMENT IN ANSWERING THE QUESTIONS**

	YES	NO
Do you or anyone living with you currently have symptoms of Covid-19? <b>(see '1' in the guidance attached).</b>		
Have you or anyone living with you had symptoms of Covid-19 in the last 14 days?		
Have you have been in contact with anybody else with symptoms of Covid-19 in the last 14 days?		
Have you or anyone living with you been asked to 'shield' by the NHS?		
Do you consider yourself in the ' <b>extremely vulnerable</b> ' group for Covid-19? <b>(See '2' in the guidance attached)</b>		
Do you consider yourself in the ' <b>vulnerable</b> ' group for Covid-19? <b>(See '3' in the guidance attached)</b>		
Do you consider yourself in the vulnerable in any other way or at higher risk for Covid 19? <b>(See '4' and '5' in the guidance attached)</b>		
Do you live with someone who is <b>extremely vulnerable</b> or <b>vulnerable</b> or consider themselves vulnerable in any other way to Covid-19? <b>(See '4-6' in the guidance attached)</b>		
Will you be undertaking any other activity (e.g., clinical work) that is likely to put you at higher risk of exposure to individuals with Covid 19?		
Do you have dependents or caring responsibilities (e.g., young children) that require you to remain at home or make it difficult for you to work currently?		
Will you be using public transport for coming into work?		

**If there is any change to the information you have provided here but before you start or after you have started working on the campus, you MUST let your line manager or supervisor know immediately.**

Name:

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Signature

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Date

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*The information collected in this form will be used by the University for the purposes of conducting appropriate risk assessment to ensure that those returning to campus working can do so safely. The information will be shared with appropriate staff involved in this planning within the relevant area of the University and may also include HR; it will not be used for any other purpose.*

*The information will be processed in accordance with the General Data Protection Regulation and the Data Protection Act 2018. For further information about how the University processes your personal data and how to exercise your rights please see the relevant privacy notice [add hyperlink or link to web address: <https://www.manchester.ac.uk/discover/privacy-information/data-protection/privacy-notices/>]*

## Campus Re-opening and Corporate Support

### Self-Declaration Guidance

#### Guidance

1. The main symptoms of coronavirus are:
  - a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
  - a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
  - Loss of taste and smell.

There may be other less well-defined symptoms but the UK Government advice lists the above, as the key symptoms.

If an individual or a member of their household suffers from a new continuous cough, a high temperature or loss of taste or smell then

- i. If the individual has the symptoms, they need to stay at home for 7 days from when their symptoms started;
  - ii. If a member of their household has the symptoms but not them, they need to stay at home for 14 days from when the member of their household started with the symptoms;
  - iii. If during that period of 14 days, they get the symptoms, they need to stay at home for 7 days from when they first started having the symptoms even if that takes you past the 14 day period.
2. An individual who is classified as **extremely vulnerable** should stay at home and be shielded.

People listed as “extremely vulnerable” in the Health Protection (Coronavirus, Restrictions) (England) Regulations 2020 (SI 2020/350) are as follows:

- i. Solid organ transplant recipients.
- ii. People with specific cancers:
- iii. people with cancer who are undergoing active chemotherapy

- iv. people with lung cancer who are undergoing radical radiotherapy
- v. people with cancers of the blood or bone marrow such as leukaemia, lymphoma or myeloma who are at any stage of treatment
- vi. people having immunotherapy or other continuing antibody treatments for cancer
- vii. people having other targeted cancer treatments which can affect the immune system, such as protein kinase inhibitors or PARP inhibitors
- viii. people who have had bone marrow or stem cell transplants in the last 6 months, or who are still taking immunosuppression drugs
- ix. People with severe respiratory conditions including all cystic fibrosis, severe asthma and severe chronic obstructive pulmonary (COPD).
- x. People with rare diseases and inborn errors of metabolism that significantly increase the risk of infections (such as Severe combined immunodeficiency (SCID), homozygous sickle cell).
- xi. People on immunosuppression therapies sufficient to significantly increase risk of infection.
- xii. Women who are pregnant with significant heart disease, congenital or acquired.

**However, the list of conditions set out in the regulations is not exhaustive, and there may be others who might also be considered to be “vulnerable” to the virus.**

3. An individual who is classified as **vulnerable** should stay at home.

People listed as “vulnerable” in the Health Protection (Coronavirus, Restrictions) (England) Regulations 2020 (SI 2020/350) are those with any of the following underlying conditions:

- i. Chronic (long-term) respiratory diseases, such as asthma, chronic obstructive pulmonary disease, emphysema or bronchitis.
- ii. Chronic heart disease, such as heart failure.
- iii. Chronic kidney disease.
- iv. Chronic liver disease, such as hepatitis.
- v. Chronic neurological conditions, such as Parkinson's disease, motor neurone disease, multiple sclerosis, a learning disability or cerebral palsy.
- vi. Diabetes.
- vii. Problems with the spleen, such as sickle cell disease or removal of the spleen.
- viii. A weakened immune system as the result of conditions such as HIV and AIDS, or medicines such as steroid tablets or chemotherapy.
- ix. Being seriously overweight, with a body mass index of 40 or above.

**However, the list of conditions set out in the regulations is not exhaustive, and there may be others who might also be considered to be “vulnerable” to the virus.**

4. Individuals who are over 70, pregnant or of Black, Asian or Minority Ethnicity may be also considered vulnerable.
5. There are others who may consider themselves vulnerable even if the condition is not listed on government list and may well be classified as having disability under the Equality Act 2010.
6. Individuals who have someone in their household who is extremely vulnerable, or vulnerable should remain at home to avoid risk of infection to vulnerable members of their household.
7. Staff who may have childcare responsibilities may not be able to come in until schools reopen or childcare is available, and allowance should be made for this.
8. Staff who use public transport may feel unsafe especially if services are infrequent and it is difficult to maintain social distancing.

Further Guidance and Resources on re-opening campus, or staff returning to work on campus after campus closure can be found within the full suite of current documents;

CRCS Framework for Re-opening Laboratories for Scientific Research  
CRCS Guidance on safe re-opening of scientific research laboratories  
CRCS Corporate Risk Assessment  
CRCS Directorate of Estates- reopening Guidance  
CRCS Guidance for staff and students  
CRCS Head of School Laboratory Checklist  
CRCS PI Laboratory Checklist  
CRCS Self-declaration Form and guidance  
CRCS Laboratory Team log  
CRCS Example Covid19 RA  
CRCS Example LabSOP-Covid19