

Highlighting health and social inequalities in older people: has it gone viral?

Professor Catherine A Robinson

- Director: Social Care and Society
- Associate Director: NIHR School for Social Care Research
- Co-Director: Institute for Health Policy and Organisation



@CAR1066

@SCSManchester

@IHPO_Manchester



Different steps, different perspectives

- 10th December 2019 first recorded case in China, a market trader, probably infected in November 2019
- 31st December 2019 Taiwan raise concerns with WHO
- 11th January 2020, first recorded death in Wuhan
- 22nd January 2020 SAGE met for the first time with senior members of COBRA
- 25th January ICL models suggest 'clear and ongoing threat'



- 11th February, WHO name virus SARS-CoV-2 and the disease COVID-19'
- 21st February WHO warn opportunities to prevent spread diminishing
- 25th February Marmot Review 10 years on
- 2nd March COBRA meeting (39 cases, 0 deaths)
- 12th -17th March
 - SAGE (modelling from Imperial)
 - figures shared with the public
 - 20,000 deaths declared a 'good result'



- 18th March use of public transport, use of leisure venues dropping
- 20th March pubs, clubs and restaurants closed
 - Package of emergency measures for employers and employees
- 23rd March lockdown announced
- 26th March Health Select Committee
 - PPE insufficient in the care sector
 - 122,000 care sector vacancies
 - Problems identifying people safe for discharge



- 27th April 18,749 hospital deaths
- 29th April government figures for confirmed deaths included those from care homes
- Figures of registered COVID-19 deaths are likely to be a serious underestimate
- 1st May ONS figures excess of 22,000 deaths of care home residents (previous 4 months)
- 54% of all excess mortality (England and Wales)



COVID-19 is not the great leveller.

- Inequalities are intertwined with the effects of the virus with level of deprivation a key predictor
- Those most likely to experience poor outcomes from COVID also likely to be the most effected economic and social measures in lockdown
- Self isolation may disproportionately affect older people, increasing risks
- End of life care and the manner of death



- The Coronavirus Act 2020 provided for easement of local authority duties in England and Wales.
- Removal of the obligation to conduct needs assessments and provide support unless breaching a person's human rights.
- Resources to expediting discharge to care homes ill equipped, inadequately trained for end of life care and without adequate access to testing for residents or staff.



- Social care workforce
 - Training
 - Precarity of employment
 - Sick pay
 - Difficult to raise concerns
- PPE has not been universally available and testing has been patchy
- Financial instability in the sector
 - Care Provider Alliance
 - UK Home Care Association
 - Voluntary Sector



Armitage, R., & Nellums, L. B. (2020). COVID-19 and the consequences of isolating the elderly. *The Lancet Public Health*.

Ayalon, L. (2020). There is nothing new under the sun: Ageism and intergenerational tension in the age of the COVID-19 outbreak. *International Psychogeriatrics*, 1-11.

Beaunoyer, E., Dupéré, S., & Guitton, M. J. (2020). COVID-19 and digital inequalities: Reciprocal impacts and mitigation strategies. Computers in Human Behavior, 106424.

Bower P, Grigoroglou C, Anselmi L, et al (2020) Is health research undertaken where the burden of disease is greatest? Observational study of geographical inequalities in recruitment to research in England 2013–2018. BMC Medicine 18:133. https://doi.org/10.1186/s12916-020-01555-4Comas-Herrera A, Zalakaín J, Litwin C, Hsu AT, Lane N and Fernández J-L (2020) Mortality associated with COVID- 19 outbreaks in care homes: early international evidence. Article in LTCcovid.org, International Long-Term Care Policy Network, CPEC-LSE, 3 May 2020.

Edwards N and Curry N (2020) "Deaths in care homes: what do the numbers tell us?", Nuffield Trust comment

Freedman, L. (2020). Strategy for a Pandemic: The UK and COVID-19. Survival, 62(3), 25-76.

Glasziou Paul P, Sanders Sharon, Hoffmann, Tammy. Waste in covid-19 research *BMJ* 2020; 369 :m1847

Oliver, D. (2020). David Oliver: Let's not forget care homes when covid-19 is over. BMJ, 369.

Phillipson, C. (2020) Covid-19 and the crisis in residential and nursing home care, British Society of Gerontology Blog, Wednesday 8th April 2020

Pollock, A. M., Clements, L., & Harding-Edgar, L. (2020). Covid-19: why we need a national health and social care service, BMJ 369