

My student life essentials: March

- University Mental Health day is Thursday 5th March. Join us in the **Main Library** for a wellbeing boost.
- The deadline to **register with DASS** and meet with an advisor about support for summer exams is 4pm on Thursday 19th March.
- Money matters. For information to help you manage your finances, take a look at our **resources page**.
- Your school support office can support you with various aspects of student life. Find their **contact details here**.
- Have you signed up to Sporticipate? UoM Sport offers a huge range of free and accessible classes. View the **semester two timetable** for more info.

This month's way to wellbeing is: **be active**
manchester.ac.uk/sixways