Drugs and Alcohol Policy

1. Purpose

This policy sets out the University’s position with regard to drugs and alcohol within the workplace and the approach it will take when the consumption of drugs or alcohol affects staff performance at work. The associated procedures cover the courses of action which will be taken in one-off situations of staff being under the influence of drugs or alcohol whilst at work, as well as the action to be taken when a member of staff has an underlying drug or alcohol related problem.

2. Scope

The policy applies to all staff employed by and working for the University.

3. Aims

The aims are:

- to provide a healthy and safe working environment for all employees, students and visitors.
- to help those with an alcohol or drug problem to be restored to health quickly to the benefit of themselves, their colleagues and the University, and to return to an acceptable pattern of working.

4. Definitions

Substance Misuse - Drinking alcohol, taking drugs or a controlled substance, either intermittent or continuous which interferes with an individual’s health, work capabilities or conduct, or which affects the work performance and/or safety of themselves and others.

Drug – Means and includes any substance (other than alcohol) that produces physical, mental, emotional or behavioural change in the user, the sale, possession or consumption of which is illegal. This term includes prescription drugs where such prescription drugs have not been prescribed for the person possessing or using such drugs and/or such prescription drugs are not taken in accordance with a physician’s direction.

Controlled Substance - Means and includes all chemical substances or drugs listed in any controlled substances acts or regulations applicable under the law.

5. Principles

5.1. The University recognises that addiction to alcohol and drugs may in some cases be considered a medical condition and should be treated as such. Staff who may have a problem will be encouraged to seek help and treatment voluntarily and at an early stage.

5.2. Medical advice, treatment and monitoring will be offered by the Occupational Health Service in the strictest confidence and with the informed consent of the employee. Details of a confidential nature will normally only be discussed with the employee’s own doctor, other medical specialist, or manager with the prior agreement of the individual.
5.3. Whilst alcohol or drug abuse does not excuse poor work performance or misconduct it may be treated as a mitigating factor, and disciplinary procedures may be suspended whilst the opportunity is taken to identify potential alcohol or drug-related problems and, if necessary, to seek treatment. The Drugs and Alcohol Procedures will be followed in all cases.

5.4. Risk assessments will be used to identify any activities or work environments where for safety critical reasons employees are not permitted to consume alcohol immediately before or at any time during the working day, including during unpaid breaks, and should at no time report for work with a blood alcohol level exceeding the current UK limit for safe driving. Examples of such areas of work may include:

- using dangerous machinery or equipment (e.g. gravity food slicers, knives, machine tools)
- working with hazardous chemicals where spillages could be highly dangerous by virtue of their toxicity, flammability, carcinogenicity, etc.
- working in locations or environments where an unimpaired sense of balance is essential (ladders, work on roofs, working at height),
- driving a vehicle of any description

This list is for illustration, and should not be construed as exhaustive.

6. Responsibilities

6.1 Employees have personal responsibility to:

- Be fit for work when conducting duties on behalf of the University and notify management immediately if use of an aforementioned substance may cause any impairment of work performance
- Not consume alcohol during work time, other than at work events where alcohol may be provided by the University, or with the prior knowledge/agreement of management
- Not bring or use illegal substances on University premises under any circumstances.
- Seek professional help if they have a substance abuse problem
- Undertake and complete a substance abuse rehabilitation programme as recommended by a professional body
- Report to management if they suspect that another employee in the workplace is under the influence of an aforementioned substance.
- Notify their management if they are taking medication that could affect their ability to work safely.

6.2 Managers have a responsibility to:

- Make the Drugs and Alcohol Policy available to employees
- Ensure risk assessments are carried out for work under their control.
- Discuss with employees as soon as possible if behaviour, performance or absence indicates a problem with substance misuse
- Refer to occupational health employees who declare or who they suspect may have a substance abuse problem
- Seek further guidance from Human Resources
- Provide support to employees who undertake a treatment programme
- Remove from the workplace employees who they suspect are under the influence of any aforementioned substance.
- Record absence related to substance abuse in accordance with attendance reporting procedures
- Refer employees to Occupational Health for advice on health and safety at work if they are taking medication that could affect their ability to work safely

**6.3 Human Resources have a responsibility to:**
- Provide consistent advice to management and employees in accordance with the University policy and employment legislation

**6.4 Occupational Health has a responsibility to:**
- Provide education to employees on the harmful effects associated with alcohol/substance abuse and their effects on health and safety.
- Provide managers with advice on the early detection, recognition and management of employees with substance addiction
- Provide confidential health advice and facilitate referral for treatment
- Monitor progress and provide support to employees
- Advise managers on employee’s ability to perform their duties.

**7. Conduct when alcohol is available at University related events**

It is recognised that alcohol may be available at some University related events (whether held on the premises or not), such as parties, entertaining visitors or other work related events such as training courses. However, employees must be fit for work when conducting duties and are always expected to maintain and be responsible for their own standards of behaviour, with the emphasis on avoiding any actions that could lead to a complaint of misconduct or could harm the reputation of the University. Such complaints will be fully investigated and may lead to disciplinary action being taken. Non-alcoholic beverages will always be available as an alternative.

**8. Compliance**

Contravention of this policy may result in disciplinary action.

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