My student life essentials: February

- Still feeling confused about council tax? Find out how to register for exemption or reduction here.
- Need answers to your questions about student finance and bursaries? Take a look at this information page.
- It's easy to let your wellbeing fall down the list of priorities, but it's crucial for maintaining a balance. Take a look at these resources for a boost.
- The NHS self-help guides and Big White Wall offer guided support to help look after yourself.
- If you feel like you need support, there are services available. Find out what you can access here.
- Find out how to register with the Disability Advisory and Support Service.

This month's way to wellbeing is: manchester.ac.uk/sixways