



Bethany Veal

Campus Netball Coordinator

What did you get involved in at Manchester University?

I am involved with all aspects of netball at the University. In my first year, due to injury, I played in the Campus League. In second and now third year I perform for the BUCS teams. Throughout my time I have regularly umpired in the Campus League, which lead me to the role I now work as a League Co-ordinator.

What was your motivation for getting involved?

Since I was really young I have just loved sport. Sports teams growing up were where I made some of my best friends and at Uni this has proved no different! Personally, in playing Uni Netball, for me it is about the competitive side of playing and improving to be the best I can be. But when doing other sport here I have loved the chance to try new things and not worry about being 'the best' or anything. Staying fit and healthy is an obvious benefit to sport which does drive me, but for me the mental health side of things is equally, if not more, important.

What is it that you like about the activity you're involved in?

My favourite thing about netball across all standards at Uni is the way it bring different people together. When you start Uni it is really natural to be drawn towards people who are similar to you. For me netball really breaks that down, bringing a diverse group of girls together with a common interest, who in almost all cases make really good friends and help each other enjoy the break sport gives to the stresses of Uni life.

We have Netball opportunities for all abilities. To find out about our offers visit:

www.sport.manchester.ac.uk/sport/netball/

*To find out more about our social Campus Leagues and information on how to get involved visit: **www.sport.manchester.ac.uk/sport/campus-sport/***