



Rosie Bancroft

Sport Sabbatical Officer and Para-swimmer

What did you get involved in at Manchester University?

I have been a para-swimmer during my time at uni - I trained as an elite swimmer with para GB swimming and represented the university of manchester swimming club for 5 years at BUCS. I also was the head coach of the swimming club for 3 years and now work as SSO.

What was your motivation for getting involved?

As I was born missing my right leg, it was something that I felt really comfortable doing. I wanted to get involved with the uni team to represent UoM and go to BUCS. I made friends for life through joining the swim team, and at BUCS I have amazing memories of the whole team cheering for each other on poolside. My favourite thing about swimming was the team atmosphere and friends I made.

What advice would you give to other women who are unsure about getting active?

I would advise women who were unsure about getting active to go for it, try something new and get involved there is nothing to lose and so much to gain!

We have a range of swimming opportunities for those that want to compete or swim leisurely. Find out more on this link:

www.sport.manchester.ac.uk/sport/swimming/