

Registering for Big White Wall

Go to <https://www.bigwhitewall.com/>

Click on “Join Us”

Click on the right hand box for Universities then NEXT

register.bigwhitewall.com/?language=EN

Big White Wall

Location

Free in many locations via the NHS or other local healthcare providers. Enter your UK or NZ postcode to see if you have free access. CANADIAN RESIDENTS NEED TO REGISTER VIA www.bjgwhitewall.ca

Enter your postcode

Next

Organisation

Free for UK serving personnel, veterans and their families, and some UK Universities and colleges.

Select

Select

UK Armed Forces

Universities & Colleges

If you have received an invite code, register using this link.

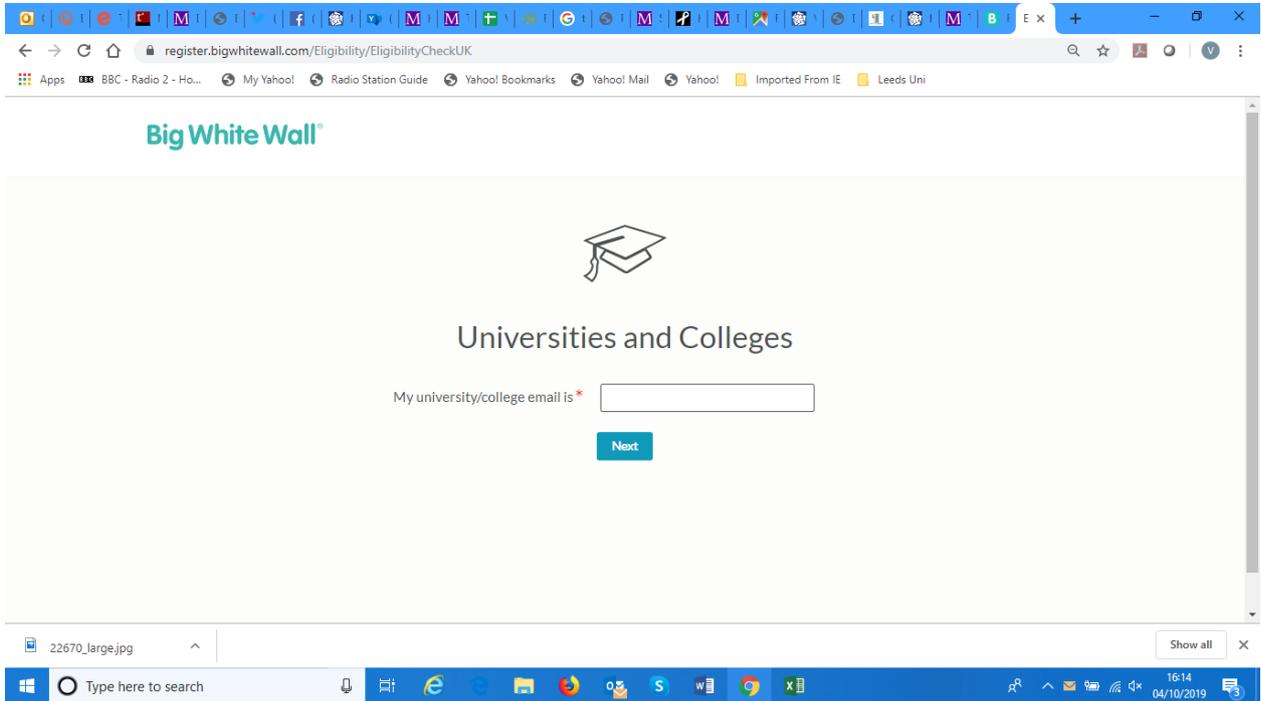
22670_large.jpg

Type here to search

16:14
04/10/2019

Follow the screens completing as requested

Acceptable emails are @manchester.ac.uk; @cruk.manchester.ac.uk and @mbs.ac.uk.



Anonymous user name: Please pick a name that is totally unique and ensures your privacy. You may want to consider avoiding anything that relates to a social media profile name.

IT notice: Current University IT advice asks you to avoid combining your work email and work password as this presents a potential security risk to University systems when both are shared with any third-party service.

Tick boxes: Please read the Terms and Privacy Policy in detail. The [Privacy Policy](#) does explain that *“the Wall is to provide a safe place for You to share Your thoughts, feelings and discussions with others in a confidential environment, where Your anonymity is respected.”*

Questionnaires: Please indicate below whether you wish to share anonymised feedback from questionnaires taken on Big White Wall with your local health service organisation or institute? This is voluntary and is in relation to anonymised feedback that is occasionally sent to members to ask for feedback on the service.

Big White Wall®

Anonymous username*

Password*

I was born on*

I have read and agreed to the [Terms](#) and [Privacy Policy](#).

Do you wish to share results from questionnaires taken on Big White Wall with your local health service, organisation or institute?

By pressing 'sign up', you are consenting for BWW to send an email with a link to activate your account to the email address provided.

Once you have completed this you should see a screen advising you to check your Inbox.

Don't forget to click on the confirmation email!

The screenshot shows an Outlook window titled "Thank you for joining Big White Wall - Message (HTML)". The email is from "BigWhiteWall <theteam@bigwhitewall.com>" and is addressed to "Vanessa Cowan". The subject is "Thank you for joining Big White Wall".

The email content includes:

- A header image for "Big White Wall" featuring a diverse group of people.
- A call to action: "Register now. Just click [here](#) to complete your registration".
- A greeting: "Dear member,".
- A thank you message: "Thank you for joining Big White Wall. You have taken a big step towards feeling better and we're here to help and support you 24/7."
- A request to read rules: "Please read our [House rules](#) and [Keep safe](#) on Big White Wall before you get started."
- Contact information: "If you have any questions, please get in touch theteam@bigwhitewall.com."

The Windows taskbar at the bottom shows the search bar, task view, and various application icons. The system tray on the right indicates the time is 16:33 on 04/10/2019.

You will then be asked to complete details as below:

register.bigwhitewall.com/activation/activate?email=F4b96b4mHKpKu7saLwvYufcveS%2fjjkNktwu1Q15iiCnuIQI2nM0UuHE0og2gclpGgUGXAMhlgznB...

Big White Wall

Thanks for joining us. To activate your account, please tell us a little more about you.

I identify as *

My ethnicity / race is *

I am currently experiencing *

In the last six months, I've experienced *

I heard about Big White Wall through *

My work status is *

I am living *

At Big White Wall, we want to let you know what's going on across the service, including notifications when other members are interacting and messaging you. We would also like to keep in touch with you via email for Big White Wall marketing purposes. By selecting the below option you agree to be contacted via email for both purposes. Rest assured, we consider data protection, security and privacy incredibly important and will never sell to any third

22670_large.jpg Show all

Type here to search 16:44 04/10/2019

You should now be able to reach the home page to explore the functionality!

Other

- You can switch off notifications on your profile once set up.
- Share a brick to show how you feel

Further Information

Visit <https://www.staffnet.manchester.ac.uk/wellbeing/big-white-wall/>