

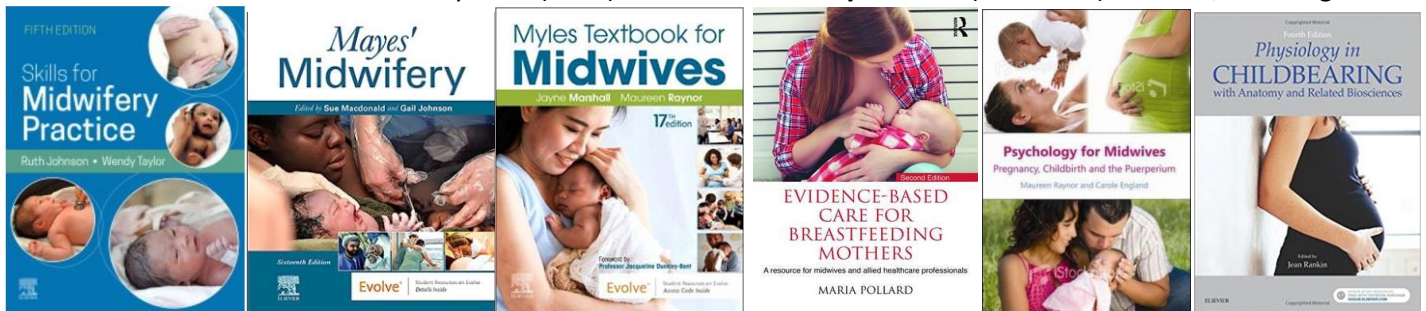
Dear Midwifery Applicant,

During your midwifery course you will be expected to develop your knowledge through wide reading and individual study. Whilst all key textbooks are available in the library and plenty are available to everyone as e-books, popular texts only available in hard copy will not always be available when you need them most. We therefore suggest that, if you prefer hard copies, you buy your own copy of some important books. These can be expensive, so if anyone wants to give you a gift as you start University, tokens or vouchers can be very helpful!

Below is a list of some core textbooks, which you will be using a lot during Year One of the programme. Those that are starred* are available as ebooks from the university library. We will also make some recommendations at the start of each course unit about books to borrow, buy or read online.

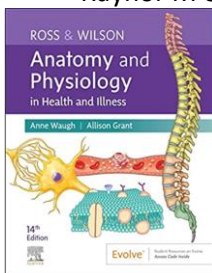
We suggest you buy one (only) of these key textbooks. Read some introductory chapters before the course starts:

- Macdonald S & Johnson G (2023) **Mayes' Midwifery** (16th Edition). Elsevier, Edinburgh.*
- **OR** Marshall J & Raynor M (2020) **Myles' Textbook for Midwives** (17th Ed). Elsevier, Edinburgh. *
- **ALSO consider:** Johnson R & Taylor W (2022) **Skills for Midwifery Practice** (5th Edition). Elsevier, Edinburgh.*



Other textbooks you may use a lot include:

- Marshall J; Myles MF. (2019) **Myles Professional Studies for Midwifery Education and Practice: Concepts and Challenges**. Amsterdam: Elsevier.*
- Kitson-Reynolds, E. and Ashforth, K. (2021). **A concise guide to continuity of care in midwifery**. London: Routledge.
- Rankin J (2017) **Physiology in Childbearing** (4th Edition). Elsevier, Edinburgh.*
- Pollard M (2018) **Evidence-based care for breastfeeding mothers 2nd Edition**. Routledge, London.*
- Raynor M & England C (2010) **Psychology for midwives**. Open University Press/McGraw Hill.*



If you have not studied human biology recently we recommend you do some pre-course reading. There are many suitable texts but you might find these a helpful place to start. Aim to gain an understanding of the structures and functions of each body system.

- Garret L, Clarke A & Shihab P (2008) **Get ready for A&P for nursing and healthcare** Pearson, Harlow. *(A very basic text if this is brand new material for you)**
- Ross & Wilson (2022) **Anatomy & physiology in health and illness**. (14th Ed) Elsevier.*
- **Khan Academy videos on You tube are also very helpful**

The BMidwif programme team would also like you to read our recently published booklet and this RCM statement:

- [With Women](#)
- [Race Matters - A statement by the Royal college of Midwives](#)

Finally, we recommend you become familiar with the following useful websites:

- Nursing and Midwifery Council - www.nmc-uk.org – Read 'The Code' several times!
- NHS core values <http://www.nhs.uk/NHSEngland/thenhs/about/Pages/nhscoreprinciples.aspx>
- MIDIRS - <https://www.midirs.org/about-midirs/about-midirs-information-resource/> - a valuable source of information for students.
- Baby Friendly Initiative - <http://www.unicef.org.uk/babyfriendly/>

For practice learning placements you will need a fob watch and some plain soft-soled, flat black shoes that are comfortable and provide full support and protection for your feet.

We hope this information is helpful in enabling you prepare for your midwifery studies.

Helen White (B/MMidwif Programme Director)

* indicates this textbook is available online from the university library