

Welcome to the Purple Wave Basecamp

Sunday 19th May 2019

Information for ½ Marathon runners

- ▶ The Renold Building will be open from 8am for ½ marathon entrants to drop their bags off.
- ▶ Please arrive at Renold by 8.30am at the latest.
- ▶ Anyone arriving after 8.30am will have to make their own way to the start line, as detailed in communication from the Great Run.
- ▶ The purple section of the ½ marathon will set off at 9.10am in front of the red/white striped wave. A mass warm-up will take place on the start line.

Information for 10k runners

- ▶ Runner bags can be dropped off at the Renold building from 11am.
- ▶ Please arrive at Renold by 12.45pm at the latest.
- ▶ We will leave the Renold building on mass at approx. 1pm. Anyone arriving after 1pm will have to make their way to the start line, as detailed in communication from the Great Run.
- ▶ Our run start time is 1.55pm. A mass warm-up will be held on the start line.
- ▶ There will be 45, 50, 55 & 60 minute pacers easily identified, anyone wishing to run faster than 50 minutes, please keep in front of these pacers.

General Information for All Runners

- ▶ Pre-race and post-race meeting point for all UoM runners is The Renold Building, Altrincham St, Manchester M1 7JA.
- ▶ Nearest car park - Charles Street Car Park £2.00 all day.

- ▶ Nearest train station - Manchester Piccadilly.
- ▶ The Renold Building will be open from 8am until 5.15pm
- ▶ Secure bag drop off - Lecture theatres C2 (A –L) and C9 (M– Z), don't bring valuable items! Open from 8am until 4.30pm
- ▶ There will be a meet and greet desk at the Entrance to the Renold Building.
- ▶ There will be an area for pre/post stretching plus massage in the Renold Building concourse.
- ▶ Water fountains on floor B near stairs & floor C near the exit to the café. Hot drinks are available in the vending machines which require small change.
- ▶ There are toilets in the building clearly marked plus portable toilets on the course.
- ▶ Don't forget your race number and **safety pins**
- ▶ Our **supporters cheerpoint** will be positioned in the central reservation on Bridgewater Way (please see reverse for more information).
- ▶ Please make sure you wear your purple running t-shirt on the day!!!
- ▶ Enjoy Enjoy Enjoy!

**We look forward to seeing you
all at the Renold building.**

Purple Wave
Sunday 19 May 2019
Whatever drives you, walk, jog & run with us!

UoM Wall of Sound

The official supporter point for the UoM Purple Wave



Located on Bridgewater Way at the junction with Chester Road, the UoM Wall of Sound is free for all supporters of University of Manchester runners.

The supporter point is easily accessed from Cornbrook tram stop, or you can walk heading for M16 9FG (approx. 35 minutes walk from Renold Building).

Open 8.30am-4.30pm, and suitable for all ages.

We've got a great grassy picnic spot - bring a picnic rug, your own food and drinks, and watch the runners pass at two points on the route.

You can also learn a cheer with the UoM Cheerleading Society, meet Barnabee, the University mascot, and enjoy 18.24m of Sound provided by Fuse FM DJs!

This year we have even more exciting things planned for you, including fun snacks such as purple candy floss, and a range of free spectator gifts!

COME WEARING PURPLE AND READY TO MAKE SOME NOISE!