



MCR *Strollers*

Walking is the perfect exercise to give you a healthy body and mind. We visit local green spaces, sites of historic, scientific and cultural interest and local charities. Everyone is welcome!

To celebrate National Walking Month in May we are having Wandering Wednesdays

Come along to one of the Wandering Wednesday walks (max 45 mins) on 8th, 15th, 22nd and 29th May. Meet at noon outside Zochonis Building.

For full details of all our walks sign up for our mailing list via mcrstrollers@manchester.ac.uk

