

## Lucy Hutchison



**THIS GIRL CAN**  
LUCY HUTCHINSON  
HOCKEY

### **What activity are you involved in?**

Campus League Hockey

### **What was the motivation for you getting involved?**

Mostly I just wanted to make friends and getting involved in a team sport seemed like the best way to do that. I also wanted something with not much commitment so that I could balance it with my uni work, and would be casual enough that it wouldn't matter if I was terrible at it.

### **What do you like about it?**

I think it's fantastic how it gets people involved that would never normally play team sports, and everyone's so always welcoming to anyone starting. I've made so many friends through it, and managed to get lots of my other friends to

come along and get involved.

### **What advice would you give other women who are unsure as to getting involved/active?**

Never worry about being good enough! The one thing I found is that it really doesn't matter how good you are, everyone will still want you there and it's far more about getting involved and being enthusiastic than it is about fitness or ability. If you think you don't like sports, just come along once and I challenge you not to have fun.