Our findings suggest...

- **Services for dual diagnosis**
  - Mental health & drug/alcohol services should work together

- **Home treatment**
  - Intensive support should be provided within 2-3 days of hospital discharge

- **Personalised risk management**
  - You should be involved in your own care plan

- **Help with your problems**
  - You should be informed about services that can help with your problems (e.g. debt)