

Annual Report 2015

The National Confidential Inquiry into Suicide and Safety in Mental Health (NCISH)

an increase of
73%

has occurred in the number of **suicides** in **male** patients aged **45-54** in UK since 2006

Our findings suggest...

Help with your problems



You should be **informed** about services that can **help** with your problems (e.g. debt)

Psychological treatment



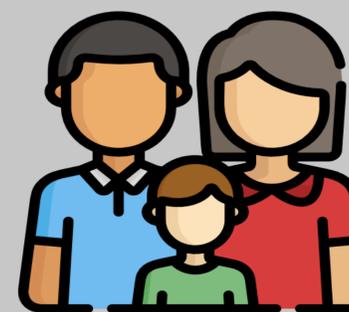
You may be offered **psychological** treatments where your risk is monitored

Intensive support



If you're offered **CRHT** instead of admission to hospital, you should receive **intensive support** from staff

Family involvement



Your **family** should be incorporated into your **care plans**, if you want this