

Support for you at The University of Manchester

Student Support and Advice



Overview of the session

How we can support you during your studies

What support is available online

What support is available on campus



What support is available?







Academic life

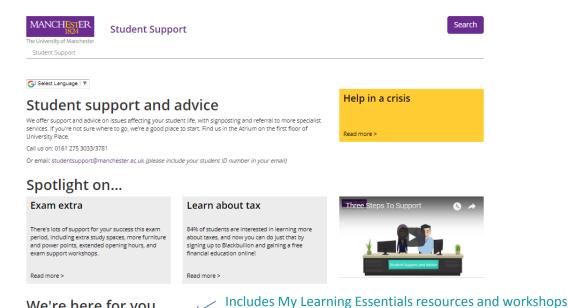




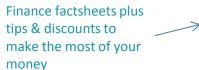


What support is available online?

manchester.ac.uk/ssa



Wellbeing & self help resources



We're here for you Taking care of yourself Accessing

Read more >

visas

Read more >

Getting help with

immigration and

Read more >

finances

Read more >

Managing your

Dealing with academic support issues Read more >

Written by students, for students

University services Á-Z Read more >

All University services, including specialist services such as Counselling and the Disability Advisory and Support Service



What support is available on campus?

Academic Advisors/ Supervisory team

- You will have an Academic Advisor (UG/PGT) or Supervisory team (PGR) for the duration of your studies.
- You can talk to them about academic or wellbeing issues.

School support staff

- Your School also has a support office or other dedicated support staff to help you with any academic or personal issues you may be facing.
- Bit.ly/uomschoolsupport

Student Support and Advice

- A central support service covering a range of issues.
- If you don't know where to go, or would rather speak to someone outside your School, they're a good place to start.



Specialist support services

Disability
Advisory and
Support
Service (DASS)

- If you have a Specific Learning Disability such as dyslexia, a mental health difficulty or a physical condition that might affect your studies.
- Offers adjustments relating to study, exams.



- 1:1 confidential counselling to support students
- Group workshops, from managing procrastination to challenging unhelpful thinking habits.
- Online self-help resources.

You can refer yourself to these services directly, or your School or Student Support and Advice can help you with a referral.



Thank you for listening and enjoy your time in Manchester!

- manchester.ac.uk/ssa
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- 0161 275 3033