

The assessment of clinical risk in mental health services

National Confidential Inquiry into Suicide and Safety in Mental Health (NCISH)

95%

of clinical risk assessment tools sought to **predict** future behaviour

Our findings suggest...

Suicidal thoughts



Clinicians need to be comfortable asking **you** about **suicidal thoughts**, and know how to **support** you

Risk prediction



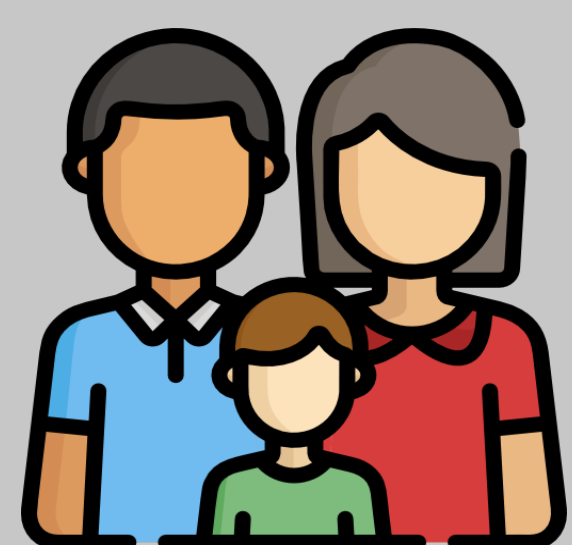
Your treatment should **not** be **determined** by a score on a tool

Personalised approach



You should be **involved** in your care plan that accounts for **changing** life situations

Families and carers



Families & carers should be **involved** in the assessment process, if you want this

Crisis information



You should be given clear **information** on what to do & where to go in a crisis