

# Suicide by children and young people

July 2017

## Actions for young people at risk



Support for young people who are bereaved, especially by suicide

1/4

had been bereaved

Mental health a priority in colleges & universities



65-70 deaths per year

in university or college students aged <25



Housing support & mental health care for looked after children

13 deaths per year

in looked after children aged <20

Mental health support for lesbian, gay, bisexual, & transgender groups



1/4

LGBT young people (<20) had been bullied

## Suicide-related internet use

26%

under 20s

13%

20-24 year olds

Remove information on suicide methods



Encourage online safety

## Self-harm

Self-harm: key to suicide prevention, especially working with substance misuse services

52% under 20s

41% 20-24 year olds

High rates of alcohol & drug misuse, especially in 20-24 year olds



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## Stresses in the lives of young people

### Academic pressures

More frequent in under 20s



### Economic adversity

Workplace & financial problems more common in 20-24 year olds

### Bullying

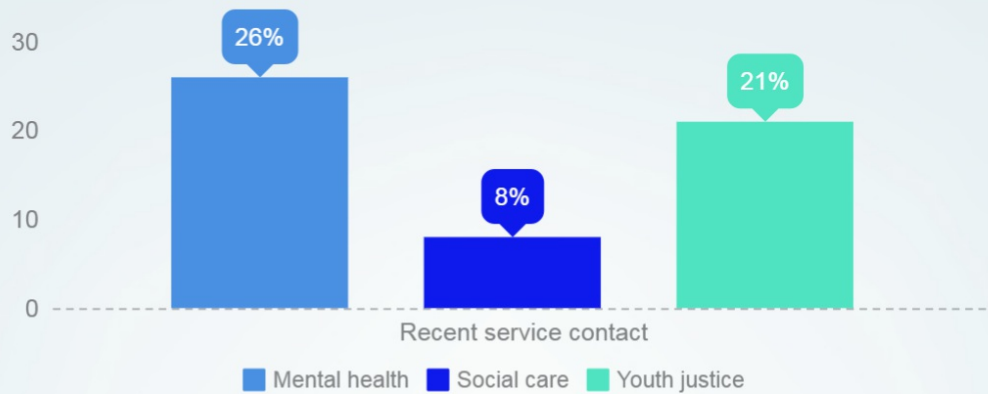
A fifth of under 20s had been bullied, face to face or online



### Housing problems

20-24 year olds reported more problems with accommodation

## 40% in recent service contact



## Cumulative risk

