

MANCHESTER
1824

The University of Manchester

Decisions you wont regret...

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Overview

Introduction

Examples from your roles...

Explore how we make decisions

Summary

Introduction



University

Olympic
Teaching

Consultancy

Research
Club



National

Examples – Task 1

What are some examples of challenges you might face in your leadership roles (and other roles) at UoM sport (and life)?

Some Decisions

Balancing leading a committee
which consists of friendships

Balancing time (running a club is a
big commitment but ultimately a
hobby and you are here to get a
degree)

Making Decisions

How do you currently make decisions?

The Decision Making Process

Intuition vrs Reasoning?

Conscious vrs Unconscious?

Outcome vs. Process?

The Decision Making Process

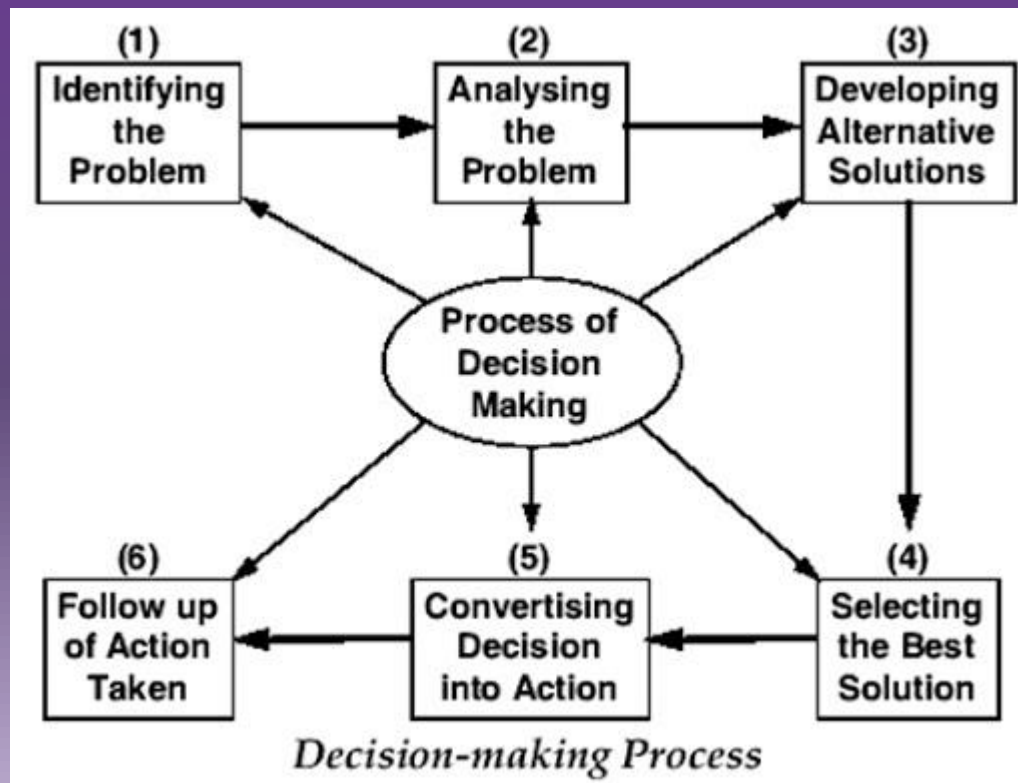
7 STEPS TO EFFECTIVE DECISION MAKING

Decision making is the process of making choices by identifying a decision, gathering information, and assessing alternative resolutions.

Using a step-by-step decision-making process can help you make more deliberate, thoughtful decisions by organizing relevant information and defining alternatives. This approach increases the chances that you will choose the most satisfying alternative possible.



The Decision Making Process



Your Own Decision – Task 2

Thinking back to some of the challenges you identified earlier, can you start to make more informed (and better) decisions?

What will inform those decisions?

Conclusions

Make decisions conscious!

Try to focus on process not outcome

Good decision making can take time!

Following a process can help you
make informed decisions