

Residences Environment News

Win food vouchers to Restaurants across Manchester

Recycle in halls and get free Manchester restaurant vouchers for doing so. Simply upload a picture of you or your flatmates doing your recycling onto our facebook or twitter page and be in with the chance to win food vouchers of great restaurants across Manchester. This month is for The Greenhouse, our flagship vegetarian/vegan restaurant on campus.

Upload pictures at www.facebook.com/ThinkSustainability or use the twitter # of #esmanchester

HOW TO RECYCLE IN YOUR HALL

In your halls kitchen, you will find a **brown** recycling bag and a **blue** recycling bag. Have a look at the image below for which items go in which bag. When these are full, take them outside to your nearest **brown** and **blue** recycling bins to empty them.

The remaining **non**-recyclable general waste then goes in the black general waste bins.

It is your responsibility as students to stay on top of your recycling and general waste – don't let it build up! Make a rota, get into the habit of taking out your recycling and non-recyclable waste on a regular basis.

Last year, each student on average recycled **nearly 25kg** of waste **per person!**



Environmental Sustainability

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Competition Time!

We've got 4 meal vouchers to give away for the University's delicious veggie restaurant, **The Greenhouse!**

To be in with a chance of winning, simply post a photo to Twitter, Instagram or our Facebook page of you recycling something on campus, in halls of residence or in rented accommodation.

Remember to use **#esmanchester** when you upload the photo!






And better still, when this individual recycling is added up to the whole halls of residence, it equates to **153 tonnes** of recycling! The weight of a Blue Whale!

This shows how individual actions accumulate to have a major beneficial impact on our environment. Do your part!

Volunteering- Join us for a Land Army Trip

The Land Army is working hard to increase local, sustainable food production for Greater Manchester and you can help.

We work with organic farmers on local farms, to produce the most freshest produce around.

The Land Army provides the extra pairs of hands that make all the difference during this critical (but exciting!) harvest time.

So if you want some fresh air, meet new people, find out more about farming, need some exercise or want great local veg, join us on one of our volunteer days:

**Afternoon of
Wednesday 5th
October** we will
be at Woodbank
FarmStart in
Stockport

**Afternoon of
Wednesday 12th
October** we will
be at Woodbank
FarmStart in
Stockport

**Tuesday 18th
October** we will
be at Abbey
Leys Farm in
Cheshire

Friday 28th October we will be at Abbey Leys Farm in Cheshire



If you would like more info, want to sign up for one of these dates or would like to join our database to find out about future outing please email: corrina@kindling.org.uk

For more information please visit: kindling.org.uk

Introducing Veg Box People

The University of Manchester has been supporting local farmers for many years through providing organic veg from local organic providers across Food In Residence, Food On Campus outlets and our flagship vegetarian/ vegan restaurant 'The Greenhouse'. By joining Veg Box People, you can take back to your halls a weekly bag of wonderful fresh produce to enjoy.

Veg Box People is:

Convenient: Pick up your veg every Tuesday afternoon on the University of Manchester main campus (outside George Kenyon Hall of Residence 12-5pm) or after these hours in 'The Shop' in University Place.

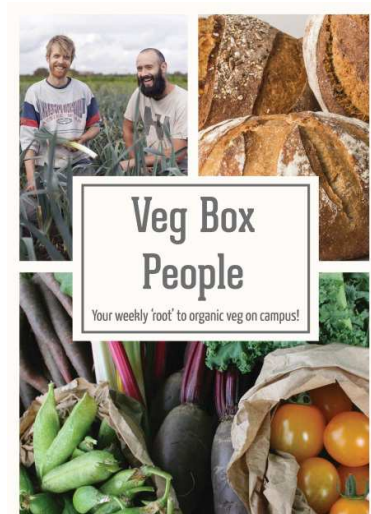
Fresh: Most of our veg is grown within 50 miles of Manchester. It's picked to order, often just hours before it appears in your box, so it's super fresh

Affordable: Our veg boxes come in three sizes: a small box for £8, medium for £11 or large for £14

Organic: We are a partnership of local organic farmers and you!

To find out more please visit vegboxpeople.org.uk

This is the future of food! A partnership of local organic farmers and customers, together starting to change the way Manchester shops, whilst helping the University become more socially responsible and sustainable.



Join us for a box of fantastic organic veg each week, delivered straight to campus!

Convenient: Pick up your veg every Tuesday afternoon on the University of Manchester campus

Fresh: Most of our veg is grown within 50 miles of Manchester. It's picked to order, often just hours before it appears in your box, so it's super fresh

Affordable: Our veg boxes come in three sizes: a small box for £8, medium for £11 or large for £14

Organic: We are a partnership of local organic farmers and you!

To find out more visit vegboxpeople.org.uk and check out our various pick up points.

Veg Box People

Fallowfield Discounted Bike Sales

Bikes start from £25. Sales are in **Great Court, Owens Park** on Wednesdays 12-4pm with the National Cycling Academy, who also provide bike maintenance support for anyone who wants it.

We will also be selling subsidised D-locks for £10 at the bike sales.

The next bike sales will be:

Wednesday 28th September 12-4pm

Monday 3rd October 10-2pm

Wednesday 5th October 12-4pm

Wednesday 12th October 12-4pm

Free overt bike marking

The University offers a free overt bike marking service for all students.

A unique serial number is 'etched' onto the frame in a highly visible location. The owner/cycle details are recorded and entered onto a University database to enable our security officers to check bikes.

The relevant information is also entered onto the national property database, Immobilise. The Police check this database when they come into possession of stolen/recovered property.

You can also register other personal property that has a serial number, like mobile phone, laptop etc.

For more information on how to register and events happening on campus visit:

<https://www.facebook.com/CrimeReductionAtTheUniversityOfManchester> or

<http://www.estates.manchester.ac.uk/services/security/estates-sevices-ian-ourservices/crimereduce/cycle-security/>

UNI-CYCLE POP UP SHOP



SUPER LOW PRICES
HELPING SAVE THE PLANET

OPEN FROM 10AM
15TH SEPTEMBER ONWARDS
2nd Floor of Oak House



daily changing
veggie specials

and amazing
coffee

open for breakfast from 7:30am daily

Greenhouse is located in George Kenyon Hall building, close to Alan Turning