## Let's talk about injury prevention.

Meet Our Experts

## Join us at Nuffield Health Manchester Printworks for a FREE Open Event

Monday 16th & Tuesday 17th September

- . Physio drop in sessions
- . Stretching workshops
- . Seminars
- . Nutritional information
- . Free access to the gym facilities

For more information call 0161 831 9922

## Nuffield Health. Specialists in you.