

Independent Language Learning Reflective Questionnaire

Name:

Programme:

Date:

A. WHAT HAVE YOU DONE?

Briefly describe the independent language learning activities you have undertaken over the past month/semester/year.

1. Reading

2. Writing

3. Listening

4. Speaking

5. Grammar work

6. Vocabulary work

B. WHAT WENT WELL?

Think about one of these activities that worked particularly well for you and/or that you think you enjoyed.

1. Briefly describe the activity.

2. What did you enjoy most about it?

3. Which aspect of it do you think you gained most from, for your language learning?

C. WHAT DIDN'T GO SO WELL?

Think about one of the activities (listed in A above) that didn't seem to work for you and/or that you didn't enjoy.

1. Briefly describe the activity.

2. What is it that you didn't enjoy about it?

3. Why do you think you got little/nothing out of this activity for your language learning?

4. What have you learnt from this?

D. ACTION PLAN

What practical steps are you going to take in order to build on what went well (B above) and to turn around what went less well (C above)?

Practical steps/tasks	Date completed
a)	
b)	
c)	
d)	
e)	
f)	
g)	
h)	

E. OTHER COMMENTS

Think about what you have got out of this experience. Will it help your other studies, provide you with skills for employment, has it given you more confidence, etc?

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