
Independent Language Learning

Reflective Questionnaire

Name:

Programme:

Date:

A WHAT HAVE YOU DONE?

Briefly describe the independent language learning activities you have undertaken over the past month/semester/year (*delete as appropriate*).

1. Reading

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2. Writing

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3. Listening

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4. Speaking

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5. Grammar work

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6. Vocabulary work

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B WHAT WENT WELL?

Think about one of these activities which worked particularly well for you and/or which you enjoyed.

1. Briefly describe the activity.

2. What did you enjoy most about it?

3. Which aspect of it do you think you gained most from, for your language learning?

C WHAT DIDN'T GO SO WELL?

Think about one of the activities (listed in A above) which didn't seem to work for you and/or which you didn't enjoy.

1. Briefly describe the activity.

2. What was it you didn't enjoy about it?

3. Why do you think you got little/nothing out of it for your language learning?

4. What have you learnt from this?

D ACTION PLAN - What practical steps are you going to take in order to build on what went well (B above) and to turn around what went less well (C above)?

Practical steps/tasks	Date completed
a)	
b)	
c)	
d)	
e)	
f)	
g)	
h)	

E OTHER COMMENTS Think what you have got out of this experience. Will it help your other studies, provide you with skills for employment, has it given you more confidence etc?