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Name:	•••••	Lang	uage:
Course:		Year	
		Date	
1. Language	skills		
What languages	other than your mother tongue do yo	u know	? How would you describe your level?
2. Motivation	n		
Why are you learning this language? (focus on both course-related reasons and personal motivation)			
3. Where are	e you now?		
Describe how co	onfident you are at each of the follow	/ing:	
	Strengths		Weaknesses
Speaking			

	Strengths	Weaknesses
Speaking		
Listening		
Reading		
Writing		
Grammar		



4. Where would you like to be?

Describe what you would like to be able to do in the language (e.g. Reading: *I would like to be able to read literature and newspapers without having to look up every other word.* Writing: *I would like to be able to write essays easily in the language.*)

a)	long term	(target date:)
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	Goals
Speaking	
Listening	
Reading	
Writing	
Grammar	

b) short term (e.g. by the end of this semester/summer)

	Goals
Speaking	
Listening	
Reading	
Writing	
Grammar	



5. How are you going to achieve these goals?

Write a brief description of your study plan for **this semester** (e.g. Speaking: *I will use cassettes to improve my speaking skills and record my own voice. I will find a Face-to-Face partner to practise with*).

	Study Plan	Time per week
Speaking		
Listening		
Reading		
Writing		
Grammar		

6. What resources and materials are you going to use?

Spend some time looking at the Language Centre catalogues and website. Discuss resources with your tutors and with friends. Include useful internet sources, TV/video sources, Computer Aided Learning packages etc. N.B. Resources can also be human!

	Resources/materials
Speaking	
Listening	
Reading	
Writing	
Grammar	

You should reflect regularly on your learning and review your goals and how you will achieve them.