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The University of Manchester

SPORT
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CAMPUS
SPORT

BASKETBALL

2016-17
INFORMATION
BOOKLET



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The logo for Campus Sport, featuring the words "CAMPUS" and "SPORT" in a bold, white, sans-serif font, stacked vertically and centered within a solid blue square.

**CAMPUS
SPORT**

Welcome...

Hello and welcome to this year's Campus Sport Programme. Campus Sport activities are focused on providing an easy way for our staff and students to take part in sport at a level that suits you. Our very popular leagues provide an opportunity to be part of a team playing regular fixtures in a range of sports. We also have Our FREE participation programmes; Hall Sport includes many fitness based activities including supported training for users of the residential gyms. This offer is exclusively for students living in Halls. To register for over 30 hours of free sport please visit our website <http://www.sport.manchester.ac.uk/sport/hall/>

Our other new FREE programme called SPORTICIPATE and offers drop in sessions in a range of sports and activities. We are also planning some large scale SPORTICIPATE events and Learn To beginner sessions throughout the year. To register please visit the website. <http://www.sport.manchester.ac.uk/sport/sporticipate/>

The SPORT Office staff are on hand if you have any questions about sport, health and fitness opportunities at the University and there is a wealth of information available online also at www.manchester.ac.uk/sport so there are no excuses for not getting involved!

The 2015-16 season saw the combined team CSSAman-MARS win the league title, closely followed by China Legendary. Hopes are high for the level of competition this season too, as we are having two fixtures running at one time on Friday evenings at Sugden

I hope you enjoy taking part in the Campus League this year and look forward to seeing you around in the near future. Please feel free to use the details in the back of this handbook to contact me by phone or email or drop into SPORT Manchester-Head Office.

Best of luck with your season,
Andy Ellison
Sport Development Coordinator

SPORT
Manchester



Campus Sport Forums

All Campus Sport leagues will have a sport forum where all team captains will have the opportunity to provide feedback to SPORT. Captains are expected to attend these meetings or send a representative.

There will be additional Campus League forums to gather feedback from representatives from all of the Campus Leagues at the end of each term. There will be up to two sport forums per league per year.

Sport Forum 1

This forum will take place before the league commences.

The aim of this forum is to:

- Meet the other captains
- Meet the league coordinator
- Have an introduction to the league
- Go over rules, fixtures and captain contact details
- Ask any questions.

Sport Forum 2: League feedback period

This period will take place towards the end of the league and will be an online evaluation that all players will have the opportunity to complete. The aim of this process is to evaluate:

- Equipment
- Refereeing
- Fixtures
- Results
- Facility access
- Communication
- Website
- Changes required for the next academic year

General Information

All games will be played at the Sugden Sports Centre, Grosvenor Street.

Each team will be issued a set of fixtures that will ensure they play every team in the league.

Registration and Insurance

All players have to be registered (£1 per player), this charge is included in the team registration fee; you will be provided with a team registration form. You must register a minimum of 12 players – none of which may be registered with another team in your division. Any player you wish to add to your squad after the initial submission of the player registration form will be charge £2 per player.

Ringers

Ringers are not permitted to play in the league; a ringer is defined as a person who plays in the University's BUCS squads.*

**Excluding female players and development squad players*

Referees

The match referees will be arranged by the league coordinator. Prior to the game start, teams must give their **£10 match fee** to the league coordinator – this fee will cover the referee cost and games will not start until the referee has been paid.

Officials

The league coordinator will act as (or appoint) the table official for each game. The table official duties consist of keeping score and time and assisting the referee.

Teams must complete and hand in a team-sheet to the league coordinator a minimum of 10 minutes prior to the game start. Games will not start until this has been completed satisfactorily.

Times *Fixtures now on Fri only*

Matches will take place at 8pm, 10pm on Fridays. We have two courts and will be running simultaneous fixtures. Please arrive on time. A 55 minute slot has been allocated and games need to be finished within that time. Time for a 5 minute warm-up has been included.

Games will consist of two halves of 20 minutes with up to a five minute break for half time. Games will be stopped if they are overrunning, regardless of the time left on the timing clock, so the court is free for the next game. All games should finish 55 minutes past the hour.

Injury time

As games must be completed within the 55 minute slot, injury time will be limited – all games will be stopped at 55 minutes past the hour. If games start on time then there should be five minutes available for injury time, if necessary.

Equipment

No personal equipment will be provided for the league. **Teams are expected to adopt a 'team kit' or same-coloured shirt so that they are identifiable to the referee.**

There will be bibs available for teams without numbered shirts. A match ball will be provided, but they will not be available for warm-ups.

Teams must ensure their uniform clearly displays unique player numbers for all squad members to enable the officials to accurately record personal fouls, for the benefit of maintaining a high standard of play. Teams risk forfeiting their fixture if the referees refuse to officiate a game in which players are not properly attired in a uniform shirt. Numbered bibs are also provided.

Cancelling Matches

If a team cancels a match, the walkover score (20 – 0 win) will be awarded to the opponents. Teams who cancel matches will be charged the full referee fee (£20) and may be charged the court hire for the hour (£25). If a team cancels twice they risk being expelled from the league.

Failure to show

If the opposition fails to show for a fixture, then you may use that court time to practice and the walkover score will apply. If a team is more than 10 minutes late after the court booking time, then the game will be void and a walkover awarded to the team that arrived on time and a fine will be incurred.

Posting results

Both teams must ensure the referees have completed a scorecard. This card is handed to the league coordinator.

Points will be awarded as below:

- 3 points for a win
- 1 points for a draw
- 0 points for loss
- 1 point for no show/late arrival

Scores and division tables will be available on the SPORT website via the address to the right.

Player of the match

Each team is to nominate a player of the match from the opposition and write it down on the scorecard. The player of the league will receive an award at the end of the season.

Play-offs

Once the league stage is completed, the four top-placed teams will play off in two semi-finals (1st v 4th and 2nd v 3rd), with the winners of each meeting in the league final.

End of season

The year finishes with an end-of-season awards evening, which all players, managers, coaches, captains, officials and supporters are welcome to attend.



Rules (summary)

1. Teams are allowed five players on the court at any one time. At least 1 female player must be on court at all times.
2. Substitutions may only be made during any dead ball situation, i.e. when the ball is out of court or an infringement has occurred. To substitute, you must inform the table official and wait for instruction from the referee to enter the court at the half-way line.
3. Play starts with a jump ball.
 - a) Games will be timed with a '**running clock**', which will be stopped only for serious injury. Teams deemed to be time-wasting will be penalised by the referee.
 - b) Each team will be granted one Time-Out per half - the clock will be stopped for 60 seconds.
 - c) 'Stopped time' will run to a maximum of 5 minutes per game.
4. There are four time restrictions imposed in the rules:
 - a) Each team has 24 seconds to go for a shot. Any foul or shot hitting the rim will reset the 24 seconds.
 - b) When a player gains control of a live ball in the back-court, the team must, within 8 seconds, get the ball into the front-court. It can not then re-enter the back-court.
 - c) Throw-ins and free throws must be taken within 5 seconds.
 - d) Players can only remain in the opposition's 'key' for 3 seconds, or a foul will be called.
5. Players may not hold, illegally guard, block, push, illegally screen, hand check, charge or illegally use their hand on an opponent or a personal foul will be called. Players with 5 personal fouls or 2 technical fouls must be substituted and take no further part in the game.
6. If a team has seven fouls in a half, each foul thereafter will incur 2 free throws.
7. For safety reasons, no jewellery (excepting medical bands, which must be taped down securely and brought to the referee's attention) or inappropriate clothing or footwear is allowed to be worn when playing.

Players found to be in breach of rule 7 will be asked to leave the court so that the game may be started and will return to the court only under the referee's agreement. Time is limited so games will go ahead at the stated time regardless of the number of players on court.
8. All players must be registered.
9. Full FIBA rules can be viewed and purchased via the England Basketball website www.englishbasketball.co.uk.

Conduct

SPORT expects all individuals and teams involved in sport to participate showing sportsmanship, respect, consideration and appreciation towards their opponents, team-mates, officials and University staff at all times.

Under no circumstances should you react in a violent manner nor use any form of foul and abusive language, whether it is directed at a member of staff, match official, opponent, playing colleague, team official or spectator.

Individuals signing the player registration form are agreeing to abide by this code of conduct and will accept that any deviation from these rules will result in disciplinary action being taken by The University of Manchester. Please ensure you behave in a professional and responsible manner at all times.

Rules of Play

The Campus Sport league will be played according to England Basketball's rules and laws, except where stated in the league's rules.

Players are reminded that the referees may issue cautions and technical fouls and even dismiss players for any offence committed and that SPORT will uphold any such disciplinary action.

Persons under the influence of alcohol or other intoxicating substances are not permitted to participate in sport activities at the University nor are these substances permitted on University Sports Grounds. Such action is a breach of Health & Safety policy and of the SPORT insurance policy terms and as such will result in disciplinary action by The University of Manchester.

Refereeing

The match referee's decision on any issue arising immediately before, during or immediately after the game is *always final*. SPORT ask that players respect the match referees and raise any issues with the league coordinator or Sport Development Officer for Campus Sport after the game.

Coaching Development and Volunteering Opportunities

For further information about how to get involved with coaching basketball or volunteering within basketball, please contact:

Sport Development Officer Ellen Stephenson
sportsvolunteer@manchester.ac.uk
0161 27 56988

Sports Injury Clinic at Armitage Sports Centre

Discounted physiotherapy for students and staff of The University of Manchester:

- *Sports-related injuries*
- *Work-related disorders*
- *CSP & HPC registered*

For appointments contact 07500 848796
www.physiotherapy-clinic.net

[Advertisement]

Connect Physical Health Centre at Manchester Aquatics Centre

Physiotherapy, Sports Injury Clinics, Back and Neck Clinic, Massage, Acupuncture
For appointments contact (0161) 4346664
25% discount for students

[Advertisement]

Campus Sport Basketball League 2016-17

Score Cards

The first name on the fixture list will be the home team.

Date				Time:	
Home Team				v.	Away Team:
Scores	Home:		Away:		<i>Please use this space for any notes you wish to add about the game:</i>
Winning team					
Home captain (please print)	<i>Name:</i>			<i>Team:</i>	
Away captain (please print)	<i>Name:</i>			<i>Team:</i>	
Player of the match	<i>Male</i>			<i>Female</i>	

Please ensure you hand the completed scorecard in to the league coordinator.

In the event of a walkover please indicate on the scorecard the team that failed to show; please do not include the 20-0 scoreline, this will be added automatically.

Campus Sport Basketball League Calendar 2016-17

Date	Time	Activity	Venue
04/10/16	6 – 7pm	Campus Sport Forum 1	Sugden Centre
07/10/16 - 16/12/15	8pm-10pm (Fri)	League (semester 1)	Sugden Centre
22/10/16	10am-2pm (tbc)	Level 1 Referee course	Armitage centre
w/c 05/12/16 (tbc)	3.00-5.00pm (tbc)	Campus League forum	SPORT (tbc)
03/02/17– 31/03/17	8pm-10pm (Fri)	League (semester 2)	Sugden Centre
April 2017	N/A	Campus Sport Forum 2: <i>League feedback process</i>	online
28/04/17	8pm – 10pm	Basketball playoffs	Sugden Centre
w/c 20/03/2017 (tbc)	3.00-5.00pm (tbc)	Campus League forum	SPORT (tbc)
w/c 08/05/17 (tbc)	doors 7.30pm	Presentation Evening	tbc



Photograph by Gordon Marino

Campus Basketball League 2011-12 season – Photos by Gordon Marino

Useful Contacts 2016-17

Campus Sport			
Name	Position	Telephone	E mail
Andy Ellison	Sport Development Officer, Campus Sport	0161 27 55991 07768122236	campus.sport@manchester.ac.uk
Tiam Foo Liew	Basketball Coordinator	07475 999676	campusbasketball@manchester.ac.uk
Sugden Sports Centre		0161 2004026	
Facebook page: The University of Manchester Campus Basketball - Link available via SportPad - http://campussportmanchester.sportpad.net/			

SPORT Office (<i>office hours 9.30am-4.30pm Mon-Fri</i>)			
Name	Position	Telephone	E mail
Reception		0161 27 54962	
Gail Heathcote-Milner	Sport Development Officer, Health and Fitness	0161 27 55985	health.fitness@manchester.ac.uk
Ellen Stephenson	Sport Development Officer, Volunteers	0161 27 56988	sportsvolunteer@manchester.ac.uk

The SPORT Office is situated on campus in William Kay House (top floor), opposite the Students' Union. If you have any problems with access to the office please phone for advice.

Coach Development and Volunteering Opportunities

For further information about how to get involved with coaching or volunteering within sport, please contact:

Assistant Sport Development Officer
Ellen Stephenson
sportsvolunteer@manchester.ac.uk
0161 27 56988



Accidents happen!

Make sure they don't happen to you...

The safety and welfare of all players and officials is of the utmost importance and participants are strongly encouraged to take all reasonable precautions to ensure their safety on the field of play. Players should be correctly attired for activities so that risk of injury to themselves and others is kept to a minimum. Gum guards, head protection, shin guards, etc., should be worn where required by the safety standards set by a sport's National Governing Body.

All registered participants in Campus Sport are covered under the Campus Sport insurance policy (*provided by a University policy, please ask if you require further details*). SPORT recommends all participants in sport and fitness activities at the University purchase additional personal insurance cover in the event of any accidental injury or illness as a result of activities undertaken.

You might not look pretty but you will be safe!

