



Healthcare in the UK

Liz Aniteye

Senior Occupational
Health Nurse

Berni Reilly-Jenkins

Occupational Health
Adviser

HEALTH CARE PROVISION IN THE UNITED KINGDOM

International Students 2015

Saturday 19th / Sunday 20th September

Elizabeth Aniteye

Senior Occupational Health Adviser

Berni Reilly-Jenkins

Occupational Health Adviser

National Health Service (NHS)

- General Practitioners (GP, Doctors)
- Hospitals
- Dentists and Opticians
- Emergency Care

If in UK more than 6 months you are entitled to free, at the point of entry, NHS care.

GP Registration

- Make sure you register with a local GP near to your accommodation.

**GP registration at Orientation for new students
Tuesday 22nd September and Wednesday 23rd September
(Start of Year Fair)**

- **Health Insurance**

Registering with A GP

You can access your local GP on the NHS website: www.nhs.uk

For Further information you can contact:

- The International Office
- The Student Union
- Occupational Health Services

The service is free, however there is a charge for prescription medication (currently £8.20)

Dentistry

- Register with a dentist of your choice.
- Always ask for NHS treatment
- The Dental Service is not free and you will be charged for all care and treatment received e.g. dental check-up / fillings.
- Emergency Dental Help Line: 111
- Free EMERGENCY treatment is available from the University Dental Hospital: Tel: 0161 275 6666 for details.

Optometry

- You can choose any optician

Again there is a charge for this service e.g. eye test / new glasses / spectacles.

Emergency Care

- In the event of an emergency in the UK you dial 999 and then explain the emergency.
- There are 3 services available – Ambulance, Fire, Police

PRIMARY CARE EMERGENCY SERVICE

- If you are ill and not able to see your GP you can attend a Walk-In Centre. The nearest one to the Campus is based in the Manchester Royal Infirmary, Oxford Road.
- Or telephone 111 for advice NHS Emergency Primary Care Number

For ACCIDENT or HEALTH EMERGENCY

- Go to the nearest A & E department. The nearest one to the campus is based in the Manchester Royal Infirmary.

Primary Care Emergency Centre

(FOR STUDENTS LIVING IN MANCHESTER)

The Primary Care Emergency Centre is based at the Manchester Royal Infirmary and provides a nurse-led walk in service and GP Primary Care Stream.

Open

- Monday – Friday 8.30am – 10pm
- Saturday & Sunday 10am – 10pm (including Bank Holidays)
- Telephone: 0161 276 5193
- MRI, Oxford Road, M13 9WL

Range of Services Available: Occupational Health Services

- Advice on a student's fitness to undertake a course and any appropriate adjustments that may be required.
- Advice on fitness to study where there is a concern in relation to a student's medical fitness to attend University, study and sit exams.
- Health Surveillance where required by legislation.
- Appropriate screening and vaccinations where necessary depending on the demands of the course, i.e. health care students.

Occupational Health Services Cont.

/.....

- Provision of comprehensive travel advice / vaccinations / travel packs for Course related (e.g. field work, electives etc)
- Provision of advice on a range of issues such as Alcohol, drugs and contraception.
- Advice may be available in a number of emergency situations such as students taken suddenly ill on campus or during examinations.
- Advice on a number of health related issues e.g. sexual health, free condoms.

Students may be seen:

Following faculty / School referral

- Tutors may decide that it is appropriate to formally refer students by writing to the Occupational Health Service for a medical opinion. Following the consultation a written report will be provided and almost always the contents and indeed a copy of this will be available to the student.

Following Self-Referral

- Students can make their own arrangements to be seen if they have any relevant concerns. In these cases the consultation is strictly confidential and no reports are provided unless specifically requested by the individual concerned.

Statutory Appointments

- Where necessary for health surveillance required under legislation or screening due to course requirements.

Student Occupational Health

Health Promotion

- Alcohol and Drug misuse and other health issues.

Cultural Differences

- You may notice there is a difference in attitude towards Alcohol, Sex and recreational Drugs in the UK. In some instances the UK may seem to have adopted a more relaxed attitude to the above.

Remember the choice is yours

Medical Certificate of Fitness

- For Elective Study / Course related medicals

Support for Students with Identified Physical & Psychological Concerns

- Students can self refer or be refer by their school or any other support service. We strongly advise students to register with The Disability Support Office (DSO)

Liaising with Other Support Services

- If in doubt contact Occupational Health Services

University Life can be Stressful To help you successfully meet your academic demands there has to be a balance between academic work and leisure. The following points / advice are recommended.

- Manage academic work effectively.
- Socialising (avoid being isolated)
- Relaxation and exercise are important for wellbeing
- Ask for help /. Support if needed.

Contact Details

Occupational Health Services

Waterloo Place

182/184 Oxford Road

Manchester M13 9GP

Tel: 0161 275 2858

Email: waterloocchealth@manchester.ac.uk

Web Page: www.occhealth.manchester.ac.uk

(Students in the School of Nursing, Midwifery & Social Work)

North Campus

Jackson Mill

Sackville Street M13 9PL

Tel: 0161 306 5806 / 4007

OPEN: Monday to Friday 9am -4pm

BY APPOINTMENT ONLY

Recommended Vaccinations

Advised by Public Health England

- **MMR (Measles, Mumps, Rubella)**
x 2 doses
- **Meningitis ACWY**

As from 1st August 2015, Public Health England strongly recommends the ACWY vaccination for all young people up to the age of 25years.

These vaccines are FREE of charge from your GP

If you have any problems obtaining the above vaccinations from your GP please contact:

NHS England: Tel: 0300 3 112233 for advice



Q1). What does the NHS stand for?

- a). New Hospitals System
- b). New Hospital for Students
- c). National Health Service
- d). National Hospitals System

Q1). What does the NHS stand for?

- a). New Hospitals System
- b). New Hospital for Students
- c). National Health Service
- d). National Hospitals System



Q2). What is a GP?

a). A Dentist

b). General Practitioner (Family Doctor)

c). A Nurse

d). General Patient

Q2). What is a GP?

a). A Dentist

b). General Practitioner (Family Doctor)



c). A Nurse

d). General Patient

Q4). Where could you find information about registering with the GP?

a). NHS Website

b). Start of Year Fair

c). Occupational Health Service

d). All of the above

Q4). Where could you find information about registering with the GP?

- a). NHS Website
- b). Start of Year Fair
- c). Occupational Health Service
- d). All of the above



Q5). How can you register with the GP?

a). Attend Start of Year Fair

b). Go into your local GP practice

c). Go to a Chemist

d). Go to Occupational Health Service

e). A and B

Q5). How can you register with the GP?

a). Attend Start of Year Fair

b). Go into your local GP practice

c). Go to a Chemist

d). Go to Occupational Health Service

e). A and B



Q6). Who needs to register with a GP?

- a). If your home country does not have a reciprocal healthcare agreement with the UK.
- b). International Students
- c). If you have an existing health condition
- d). Everybody who will be resident in the UK for over 6 months.

Q6). Who needs to register with a GP?

a). If your home country does not have a reciprocal healthcare agreement with the UK.

b). International Students

c). If you have an existing health condition

d). Everybody who will be resident in the UK for over 6 months.



Q7). Are GP services free?

a). Yes: All services are free

b). Yes: But you have to pay for prescriptions (£8.20 per item)

c). No: Everybody pays

d). Yes: Both service and prescription are free for under 18's

Q7). Are GP services free?

a). Yes: All services are free

b). Yes: But you have to pay for prescriptions (£8.20 per item)



c). No: Everybody pays

d). Yes: Both service and prescription free for under 18's

