

GET FIT WITH



Outdoor Fitness Classes & Personal Training

Whatever your goals, get great results in a fun and friendly environment with the functional innovative training programme. Jump, crawl, climb, run, leapfrog, lunge, sledgehammer and tyre flip your way to improved fitness.

WHERE

Chorlton Park
Nell Lane, Chorlton, M21 7FZ

WHEN

Tuesdays and Thursdays at 18:30
Saturday mornings at 10:00

EMAIL info@funtraining.co.uk

FACEBOOK [facebook/FITFunctionalInnovativeTraining](https://www.facebook.com/FITFunctionalInnovativeTraining)

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