

Doctorate in Counselling Psychology (D.Couns.Psych.)



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Lecturer in Counselling Psychology

Overview

- Place the course in context
- Introduce the core staff on the programme
- Provide an overview of the content of the programme
- Discuss placements / research opportunities
- Introduce the application process

Context

Psychology in the UK

Applied Psychology

Counselling

Occupational

Health

Clinical

Educational

Forensic

Counselling Psychology

- Relatively new Division in the BPS (1994)
- Recent move to Doctoral level training
- Increasingly popular option: 3rd Largest Division after Clinical and Occupational Psychology

Counselling Psychology Training

- 13 courses presently in the UK
- Closest courses =
Wolverhampton & Teeside
- Example of course costs (per annum - 2014):
City: £9,000
Teeside: £6,550
Surrey: £7,900
UEL: £8,800
Wolverhampton £7,670

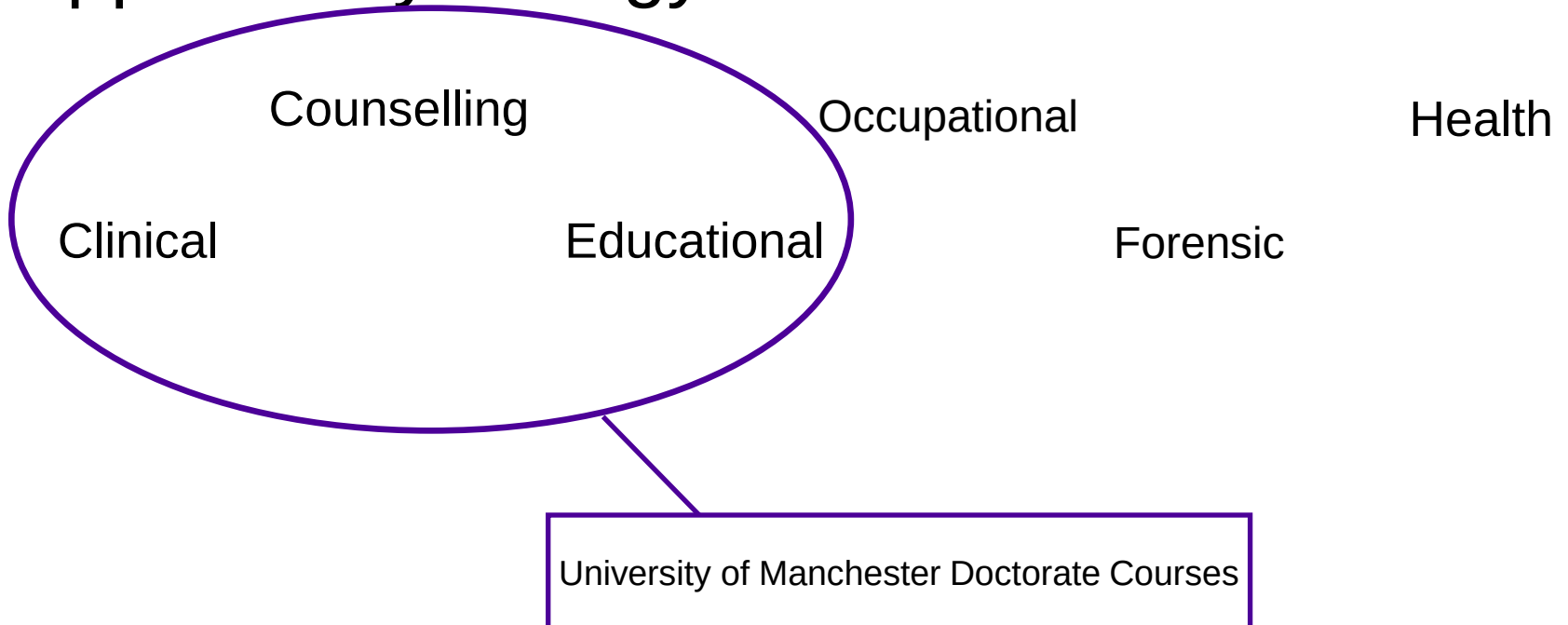
Fees

- The fees for this year's intake (Sept 2015), will be set at £7,000 per year. International fees are £16,000
- These fees will not include the additional costs of personal therapy or practice supervision.

The University of Manchester

Psychology in the UK

Applied Psychology



The Manchester Institute of Education

Related courses:

- Doctorate in Educational and Child Psychology
+ Doctorate in Educational Psychology
- MA in Counselling
- PhD + MSc in Educational Research
- MEd Psychology of Education

Core Staff

Programme Director:

- Dr Terry Hanley

Core staff:

- Dr Tony Parnell
- Dr Laura Winter

Additional Research Supervisors:

- Professor Erica Burman, Professor Neil Humphrey, Dr Graeme Hutcheson and Dr Garry Squires

Additional Professional Input:

- tutors on the Counselling and Educational Psychology Programmes.
- external speakers will be invited to present around specialist areas.
- strong links with local counselling psychologists

The Course

Who can do the course?

- Annual recruitment of 9-12 students

Applicants are normally required to have:

- a 2:1 honours degree or above from a BPS recognised undergraduate degree allowing for Graduate Basis for Chartered Membership (GBC) with the British Psychological Society (BPS)
- a Certificate in Counselling or equivalent qualification
- the capacity to undertake research to Doctoral level
- English GCSE grade C or above, or IELTS - 7.5 or above with a minimum of 7.0 in each separate sub-category (if English is not the first language)
- Satisfactory Criminal Convictions Check
- The ability for critical and constructive self reflection

Doctorate in Counselling Psychology

General Info

- 3 Year Full Time Doctorate in Counselling Psychology
- Approved by the Health and Care Professions Council (HCPC) and accredited by the British Psychological Society (BPS)

Four key elements:

- Theory
- Practice
- Research
- Personal Development

Theory

- Research informed integrative approach
 - Harnessing framework – Pluralistic Framework/The Skilled Helper
 - Theory 1 – Humanistic Counselling
 - Theory 2 – Cognitive Behavioural Therapy
- Emphasis upon:
 - Humanistic psychology
 - Tailored therapeutic response: What works for whom?
 - Reflexive practice: the importance of clinical supervision
 - Integration of research into everyday practice

Practice

- 450 hours of supervised clinical work (ratio 1:8)
- Minimum of two client groups and two modalities
- Placement links include third sector organisations, NHS providers, private organisations

(nb. clinical placements are also potential research settings)

Placement Expectations

- Meet HCPC, BPS and University requirements (e.g. health & safety, equality and diversity policies, adequate number of experienced staff)
- Allotted Practice Educator (CV to be submitted to university and the person must attend course briefing)
- Clinical Supervisor (CV to be submitted to university and the person must attend course briefing)
- One placement visit at least per year + (Pre-placement visit for new placements)

Current Placement Links

- **Current NHS Placements** – 11 Placements – Primary and Secondary care – Adult/Adolescent/CAHMS/Specialist settings
- **Current Voluntary Placements** – 16 Placements – Eating Disorders/Mind/Older Adult/ Psychological Services/Rape Crisis/Online Counselling/ Cancer care/School settings
- **Current Private Health Care Placements** – 2 Placements – The Christie Clinic/The Priory Group
- **Placements Currently in Development** – 4 Placements – 1x University Counselling Service, 1x College Counselling Service, 1x Community Therapy Service & 1x NHS Placement.

Research

- Evaluation of clinical work (case studies)
- Attending Research Conferences
- Empirical Research Doctorate Thesis
- Establishing larger scale research projects
(nb. We do consider applications alongside our ability to supervise research projects)

Research: Education and Therapy



Twitter: #EaTUoM

EaT (Education and Therapy)



Context:

Manchester Institute of Education
Doctorate in Counselling Psychology

3 major strands:

- Therapy in Educational Settings
- Counsellor Education
- Inequality, education and wellbeing

Personal Development

- 40 hours of personal therapy – offered by a HCPC registered Counselling Psychologist (or appropriate other)
- Reflexive course activities

Professional Input (years 1 & 2)

	Mon	Tue	Wed	Thu	Fri
10.00-12.00	Workshop	Practice	Independent Study Day/ Therapeutic Practice	Independent Study Day/ Therapeutic Practice	Case Discussion
12.00-1.00	Lunch	Lunch			Lunch
1.00-2.30	Workshop cont.	Research			Professional Issues
2.30-3.30					
3.30-4.00		Reflections			Reflections

Professional Input (years 1 & 2)

	Mon	Tue	Wed	Thu	Fri
10.00-12.00	Workshop	Practice	Independent Study Day/ Therapeutic Practice	Independent Study Day/ Therapeutic Practice	Case Discussion
12.00-1.00	Lunch	Lunch			Lunch
1.00-2.30	Workshop cont.	Research			Professional Issues
2.30-3.30					
3.30-4.00		Reflections			Reflections

Professional Input (year 3)

	Mon	Tue	Wed	Thu	Fri
10.00-12.00	Independent Study Day / Therapeutic Practice	Independent Study Day / Therapeutic Practice	Independent Study Day / Therapeutic Practice	Independent Study Day / Therapeutic Practice	Case Discussion
12.00-1.00					Lunch
1.00-2.30					Research Issues (monthly)
2.30-3.30					
3.30-4.00					

Assessment and Progression

Assignments

- **Year 1: Counselling Psychology: theory, practice and research (Total: 17,000 words)**
 - Theoretical paper and professional issues presentation
 - Research proposal and ethical clearance
 - Case study and process report Documentary evidence of practice (50 hours) and personal therapy (10 hours)
- **Year 2: Counselling Psychology: advanced theory, practice and research (Total: 18,000 words)**
 - Theoretical paper and professional issues presentation
 - Systematic review
 - Case study and process report
 - Documentary evidence of practice (250 hours) and personal therapy (25 hours)
- **Year 3: Research Thesis Preparation (Total: 50,000 words)**
 - Research thesis and present preliminary findings at research conference
 - Documentary evidence of practice (450 hours) and personal therapy (40 hours)
 - Reflexive essay and completed SoP log

*please note these are cumulative totals

Progression

In addition to successfully completing academic assignments, throughout Years 1 to 3, students will also have to complete progression panels related to their therapeutic practice and research. This will include:

- initial fitness to practise review prior to commencement of first placement
- formal analysis of therapeutic practice (annually)
- regular review of the evidence of completion of the HCPC's Standards of Proficiency (annually)
- a research plan presentation (end of Year 1)
- a research progress panel (end of Year 2)

The application process: Next Steps

The recruitment process

Assessment will take place through:

- Application form
 - Including statement of purpose covering practice and professional/personal development
- References
- Individual Interview
- Assessment activities
 - Review of written work (during interview)
 - Individual Presentation
 - Group Activity

Cut off for 2015 applications = 1st April 2015

Start Date

w/c 21st September 2015