## Quick tips for making the most of your PGR and GTA experience

Advice on best practice from experienced members of the SALC postgraduate community

**TOPIC: Planning your career beyond the PhD** 

Seek advice from your supervisors

Make sure you do some teaching during your PhD

Try to get an article published in peer review journal before you complete your PhD

Think ahead but don't stress about it!

Academia is a very competitive game, if you really want to play the game, gather as much experience (teaching, publishing, and presentations) as possible while doing the PhD

Keep close to the people you work well with, it isn't always easy to find them!

Have a hypothetical job search in years 2 and 3. Imagine that you'll be unemployed tomorrow – what kind of opportunities

are there? Note down vacancies in job sectors you find interesting – try to find a diverse range i.e. private sector, public sector, academic

If you don't have a clear trajectory yet, don't start to worry about this until you are done with the PhD (unless you are one of those uber-academics). At the end of your writing up you will be so stressed out that you need to focus on that only. Tackle one problem at a time. Once submitted, if possible, take a break and see how you feel afterwards.

