Community-based lone worker

This checklist is not intended to be exhaustive but should help in compiling a risk assessment.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Yes | No | N/A | Comments |
| Is there a travel plan? |  |  |  |  |
| Is the worker familiar with the local environment / neighbourhood and the travel route? |  |  |  |  |
| Are there any social or cultural tensions in the area? |  |  |  |  |
| Is the person being met facing high levels of stress? |  |  |  |  |
| Is the person or other occupants likely to be influenced by drink or drugs? |  |  |  |  |
| Does the person or other occupants have a history of violence? |  |  |  |  |
| Does the person or other occupants have a history of criminal convictions? |  |  |  |  |
| Is the person known to have a psychiatric illness? |  |  |  |  |
| Does the person suffer from a medical condition that may result in loss of self-control? |  |  |  |  |
| Has verbal abuse been encountered at this residence before? |  |  |  |  |
| Have there been threats or violence at this residence before? |  |  |  |  |
| Do the occupants perceive me as a threat? |  |  |  |  |
|  | Yes | No | N/A | Comments |
| Does the person perceive me as a threat to their liberty? |  |  |  |  |
| Does the person have unrealistic expectations of what can be done for them? |  |  |  |  |
| *When the lone worker is there or during previous visit…* |
|  | Yes | No | N/A  | Comments |
| Did the person show signs of atypical behaviour? |  |  |  |  |
| Were there weapons or similar cues to violence? |  |  |  |  |
| Was there a breakdown in the normal pattern of non-verbal communication? |  |  |  |  |
| Did the person showing signs of rapid mood swings? |  |  |  |  |
| Did the person show signs of over-sensitivity to suggestions or criticisms? |  |  |  |  |
| Are colleagues aware of the lone worker whereabouts? |  |  |  |  |
| Does the lone worker have the means of raising the alarm if attacked? |  |  |  |  |
| Could the lone worker be trapped without an escape route if the person becomes violent? |  |  |  |  |
| Is the lone worker aware how they react in violent situations? |  |  |  |  |

Adapted from the Suzy Lamplugh Appendix 3 document “The Risk Factor Checklist” pp169 Tutor Training Manual.